	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
06:00	Functional Fitness	Functional Fitness	Functional Fitness	Functional Fitness	Functional Fitness		R
07:00							E
08:30	Functional Fitness	Functional Fitness	Functional Fitness	Functional Fitness	Functional Fitness		S
09:00						Open Gym	T
09:45	Legends		Legends		Legends		Active Recovery
12:00			BoxCon		BoxCon		D
17:00							A
18:00	Functional Fitness	Functional Fitness	Functional Fitness	Functional Fitness	Functional Fitness		Y

TIMETABLE